

| Ingredient                    | Amount                | Substitution  |
|-------------------------------|-----------------------|---|
| Vegetable oil--<br>for baking | 1 cup                 | 1 cup applesauce OR 1 cup fruit puree   |
| Vegetable oil--<br>for frying | 1 cup                 | 1 cup lard OR 1 cup vegetable shortening  |
| Vinegar                       | 1 teaspoon            | 1 teaspoon lemon or lime juice OR 2<br>teaspoons white wine   |
| White sugar                   | 1 cup                 | 1 cup brown sugar OR 1 1/4 cups<br>confectioners' sugar OR 3/4 cup honey<br>OR 3/4 cup corn syrup     |
| Wine                          | 1 cup                 | 1 cup chicken or beef broth OR 1 cup<br>fruit juice mixed with 2 teaspoons<br>vinegar OR 1 cup water  |
| Yeast-active dry              | 1 (.25-oz)<br>package | 1 cake compressed yeast OR 2 1/2<br>teaspoons active dry yeast OR 2 1/2<br>teaspoons rapid rise yeast |
| Yogurt                        | 1 cup                 | 1 cup sour cream OR 1 cup buttermilk<br>OR 1 cup sour milk  |

